# **Families First**

# **Meeting Minutes**

#### October 21, 2016

#### **WELCOME AND INTRODUCTIONS:**

Meeting was called to order by Chair Tammy Short. Those in Attendance:

Lois Lawson	Tammy Short	Mary Bradley	James Butler
Lynne Mason	Debbie Flutz	Tammy Hunter	Linda Spurlock
Jayme Dials	Terri Simpkins	Abbie Conley	Gloria Kilgore
Belina Turner	Tana Button	Liz Hamilton	Anita Cantrell
Donald Ray	Nathanial Dials		

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#### **REVIEW AND APPROVAL OF MINUTES:**

Linda Spurlock made a motion to accept minutes as presented, Donald Ray seconded. Motion carried Unanimously.

# Speaker: Nathaniel Dials (ARC)Addiction Recovery Care

- 1. Offices all over the state of Kentucky
- 2. Literature was passed out on program to all present.
- 3. Have residential centers and treatment centers
- 4. New Doctor just hired so they have 20 opens at the present time.
- 5. They have 2 phases, both last for 4 weeks.
- 6. Not accepting Anthem Insurance at this time.

#### How Are The Children?

Heather Meade was not available, stats for the region and handed out with agenda.

#### **VENDOR REPORTS:**

Tammy Hunter and Jayme Dials when over her reports for the month of September.

Member Orientation: orientation forms where handed out and went over; guidelines haven't changed from last fiscal year.

## **Budget:**

Lois Lawson handed out budget for this fiscal year:

1. Motion made by Anita Cantrell, seconded by James Butler to allot \$1000.00 toward purchasing educational materials to give out during events we attend, Motion passed.

2. Motion for Parent stipend to be set at \$25.00 per meeting was made by Donald Ray, seconded by Gloria Kilgore, motion passed.

#### **Old Business:**

Anita Cantrell and Donald Ray thanked the group for sending them to the Kids are Worth it Conference in Louisville and told about some of the sessions they attended.

#### **New Business:**

- 1. Ideas for our conference:
  - A. Cutting-self harming
  - B. Bullying
  - C. Drug trends- Internet safety
  - D. Preventative Care
  - E. The date for the conference will be sometime in March, the week of 20<sup>th</sup> thru 24<sup>th</sup>.
  - F. Conference will be held at Floyd County Extension Office.

### Announcements:

- 1. Mountain Comp. has a meeting at the MAC the 3<sup>rd</sup> Tuesday of the month starting at 1PM for community partners.
- 2. March 17<sup>th</sup> Mountain Comp. is having Fair team training at MAC.
- 3. Domestic Violence walks 9-6 Paintsville Community Center October 26<sup>th</sup>.
- 4. Family Resource centers having 25<sup>th</sup> year celebration November 1<sup>st</sup> at Morehead Conference Center.

November meeting cancelled due to holiday motion made by Terri Simpkins, seconded by James Butler, motion passed.

Meeting adjourned at 11:30 A.M. Motion to adjourn made by Terri Simpkins, seconded by Donald Ray, motion carried.

Next meeting December  $9^{th}$ , 10AM at the Big Sandy ADD.